## SATURDAY SOCIAL **STICHERS**

Social Stitchers, a textile craft group new to The Community Place for 2025. The group meet at Kalinga on the 2<sup>nd</sup> Saturday of every month from 2pm – 4.30pm.

There is no need to book. Just come along with your projects and enjoy a relaxed, creative afternoon with like-minded individuals! The \$5 participation fee includes afternoon tea.









#### REPAIR CAFÉ **STAFFORD** 2<sup>nd</sup> August

**EKKA PUBLIC HOLIDAY** Wed 13<sup>th</sup> August

**Child Protection Week** Family Fun Afternoon Keong Park 13th September 2pm – 4pm

R U Ok? 2 Play **Board Game Weekend** Friday 19<sup>th &</sup> Saturday 20<sup>th</sup> September



### No Interest Loans

Appointments are available at The Community Place to secure a No Interest Loan. Supported by the Good Shepherd and backed by NAB, these are genuine no-interest loans up to \$2000. Terms and conditions apply.

#### Contact:

nils@thecommunityplace.com.au for more information.

# **Support for Community Members**

www.askizzy.org.au

Do you need any support and assistance quickly? Asklzzy is a great resource that can connect you with over 400,000 support services. Alternatively, reach out to us and we can provide you with referrals to services that best suit your needs.

The Community Place is a funded service under the Queensland Government Neighbourhood Centre Funding Program through the Department of Families, Seniors, Disability Services and Child Safety.

We are supported by the Brisbane City Council through various programs such as GOLD/ACTIVE Parks and the **Community Leasing Program.** 





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# **July August 2025**

Family Fun Afternoon Celebrates Child Protection Week

#### Free entertainment, food and education await families on Saturday 13 September

Families across Brisbane's north are invited to join The Community Place Stafford for a special Child Protection Week celebration on Saturday, September 13, from 2pm to 4pm in Keong Park.

The free family fun afternoon, now in its third year, has been designed to bring the community together while highlighting the important work being done to keep children safe across Queensland.

The afternoon promises something for everyone, with a complimentary sausage sizzle ensuring no one goes hungry. Children will be entertained with free activities and can enjoy hands-on fun at the petting zoo, where they'll have the chance to meet and interact with friendly animals.

Several key organisations will be on hand with information stalls, including Kidsafe Queensland, Queensland Police Service (QPS), State Emergency Service (SES), and Parentline. Families will have the opportunity to speak directly with representatives, ask questions, and collect valuable safety resources.

The event reflects the broader goals of Child Protection Week, which aims to raise awareness about child safety and protection while celebrating the positive role communities play in supporting families.

All activities are free of charge, making it an accessible event for families throughout the area. The Community Place Stafford encourages families to come along and enjoy an afternoon of fun while connecting with local services and fellow community members.

The Family Fun Afternoon runs from 2pm to 4pm on Saturday, September 13 at Keong Park, Stafford.

There's no need to book – just pop in and join the fun. It's the perfect way to relax, unwind, and get those creative juices flowing. See you there!





Morning Tea

# What's on...

# Kalinga – 20 Clark Street Kalinga

Activity	Start	Cost	To Book	Description			
			MONDAYS				
Gentle Exercise	9.30am	\$5 Pay in blocks of 5	COASIT 3624 6100	Led by a qualified physio, this is a great way to get your week going!			
Chair Yoga (GOLD)	1.30pm	Free	Bookwhen.com/ thecommunityplace	Using a chair for balance, boost strength, flexibility, and mental well-being.			
TUESDAYS							
Sewing Group	9.30am	Free	TCP 3857 1152	Every 2 <sup>nd</sup> week Beginners are very welcome to come and learn from our lovely volunteers			
TAISO (GOLD)	1pm	Free	Walk-in	Taiso is the Japanese word for exercise. Improve your balance and movement, suitable for all levels of fitness.			
Tai Chi with Ofer	6.30pm	\$5	Walk-in or call	Mindful exercise to centre the soul Call Ofer on 0424 671 000			
			WEDNESDAYS				
Conversation English Classes	9.15am	Free	Walk-in	Practice speaking English with friendly mentors. Beginners to advanced welcome			
Cosy Wednesday Night Craft	6pm	Free	TCP 3857 1152	Last Wednesday of the Month  Make little felt hearts – a hug in your hands; bring your crochet or any crafty project!			
			THURSDAYS				
Conversation English Classes	10am	Free	Walk-in	Practice speaking English with friendly mentors. Beginners to advanced welcome			
			FRIDAYS				
Tai chi with Ofer	6am	\$5	Walk-in	Mindful exercise to centre the soul Call Ofer on 0424 671 000			
Hatha Yoga My Yoga My Way	9am	\$5	Walk-in or www.myyogamyway.com.au/ live-classes	Experience the benefits of mind and body connection			
Board games	5pm	Free	TCP 3857 1152	Fun fabulous Friday night games hosted by the North Brisbane Board Gamers Guild and TCP			
			SATURDAYS				
Social Stitchers	2pm	\$5	Walk-in	Enjoy a relaxed, creative afternoon with likeminded individuals! The \$5 participation fee includes afternoon tea.			
			Extra Activities				
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# Stafford – 33 Teevan Street Stafford

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Activity	Start	Cost	To Book	Description			
			MONDAYS				
Little Stafford Playgroup	9.30am – 11.30am	Free	Walk-in	A great place for parents and carers to connect and 0 – 5 year olds to engage in fun activities			
English Conversation Classes	9.30am- 11.30am	Free	Walk-in	Practice speaking English with friendly mentors. Beginners to advanced welcome			
TAISO (GOLD)	11.45am	Free	Walk-in	Taiso is the Japanese word for exercise. Improve your balance and movement, suitable for all levels of fitness.			
TUESDAYS							
Zumba	9.30am	\$10 (1 <sup>st</sup> class free)	Diana Franchina 0412 268 809	Perfect for older adults and beginners looking for a modified Zumba class at a lower intensity			
Pilates with Denise	8.00am	\$20 per Class	Denise Da Costa https://denisedc.as.me	Are you ready to embark on a journey to rejuvenate your body and enchance flexibility!			
WEDNESDAYS							
Gentle Fitness (GOLD)	11.45am	Free	Bookwhen.com/ thecommunityplace	Gentle class for all fitness levels to improve strength, balance, coordination and flexibility.			
Lite Yoga (GOLD)	1.00pm	Free	Bookwhen.com/ thecommunityplace	Focus on a range of movements, strength and balance for active & healthy ageing.			
ASMY Yoga & Meditation	5.45pm	\$14	Walk-In	Hatha yoga, suitable for all levels. Focus on breathing and awareness			
			THURSDAYS				
Zumba (GOLD)	9.00am	Free	Bookwhen.com/ thecommunityplace	Perfect for older adults and beginners looking for a modified Zumba class at a lower intensity			
			FRIDAYS				
Yoga	9.30am – 11am	\$5	TCP 3857 1152	Improve strength, balance and flexibility through mindfulness and focus			
Crochet Club	10.30am - 12.30pm	Free	TCP 3857 1152	<b>2</b> <sup>nd</sup> <b>Friday of the month</b> Great opportunity for beginner crochet artists to learn with experienced mentors			
Stafford Book Club	10.00am – 12.00pm	Free	TCP 3857 1152	<b>4<sup>th</sup> Friday of the month</b> Specific authors and their works selected for discussion			
			SATURDAYS				
Dance Cardio in the Park (Active Parks)	8am - 9am	Free	TCP 3857 1152	Easy to follow routines focusing on balance, range of motion and coordination. Please meet outside the Centre near the stage.			
			Extra Activities				
Repair Café Stafford	9.30am – 12.30pm	Free	Walk-In, or bookings available one week before workshop	Bring almost any household item (except small appliances) & our volunteers will do their best to repair it. Workshops held on the 1st Saturday of every second month.			