



We have an idea for an event in March. More details to come so watch this space!

UPCOMING EVENTS

REPAIR CAFÉ STAFFORD
1st February

GOLD and ACTIVE PARKS
Starts Back
Tuesday 28th January

ESL CLASSES
Starts Back
Monday 3rd February

LITTLE STAFFORD PLAYGROUP
Starts Back
Monday 3rd February



February 2025

hearts in full Bloom

Have you heard of the Warwick Jumpers & Jazz Festival? It's a community festival that has yarnbombing at its heart. It started with jumpers on trees and has grown from there (pun intended! Learn more about the festival [here](https://jumpersandjazz.com.au/) or <https://jumpersandjazz.com.au/>.)

You might ask what this has to do with The Community Place (TCP). Well, we have 'adopted' a tree in this festival and instead of leaves it will be bursting with hundreds of handmade textile hearts! Dubbed 'The Heart Tree', this community project is the brainchild of Rachel Ezzy, resident Heartist at Kalinga.

With hearts needed in every colour, texture and style, we are calling on anyone with the capacity to wield a needle, hook or pair of knitting needles, whether you are a seasoned crafter or new to the art.

This project is about community, creativity and having a whole lot of fun. Everyone is welcome to try their hand at making a heart (or several 😊!)

to deck out the heart tree. People are welcome to make the hearts in the comfort of their own home and full instructions can be found on our website. For more connection, creating hearts and idea sharing, there will be workshops leading up to the event that will be meeting on the 2nd Tuesday of the month from 6pm – 8pm starting 11 February at our Kalinga Community Centre.

Finished hearts can be dropped off or posted to The Community Place. The official 'tree dressing' will take place just in time for the festival in July this year and once installed, they will remain a vibrant and joyful symbol of connection, kindness and community.



No Interest Loans

Appointments are available at The Community Place to secure a No Interest Loan for the New Year. Do you need a laptop for your new high school student for 2025, or maybe the washing machine has broken down, or would you like to update your fridge?

Supported by the Good Shepherd and backed by NAB, these are genuine no-interest loans up to \$2000. Terms and conditions apply.



Lunar New Year at Little Stafford Playgroup

Support for Community Members

www.askizzy.org.au

Do you need any support and assistance quickly? Askizzy is a great resource that can connect you with over 400,000 support services. Alternatively, reach out to us and we can provide you with referrals to services that best suit your needs.

The Community Place is a funded service under the Queensland Government Neighbourhood Centre Funding Program through the Department of Families, Seniors, Disability Services and Child Safety.

We are supported by the Brisbane City Council through various programs such as GOLD/ACTIVE Parks and the Community Leasing Program.

Introducing...

Social Stitchers, a textile craft group new to The Community Place for 2025. The group meet at Kalinga on the 2nd Saturday of every month from 2pm – 4.30pm, starting Saturday, 8 February.

There is no need to book. Just come along with your projects and enjoy a relaxed, creative afternoon with like-minded individuals! The \$5 participation fee includes afternoon tea.



The Community Place
20 Clark Street Kalinga/Woolloowin
(Enter via Jimbour Street)

What's on...

Kalinga – 20 Clark Street Kalinga

Activity	Start	Cost	To Book	Description
MONDAYS				
Gentle Exercise	9.30am	\$5 Pay in blocks of 5	COASIT 3624 6100	Led by a qualified physio, this is a great way to get your week going!
Learn to Crochet	11.30am	Free	TCP 3857 1152	Experienced mentors will help you experience the wonderful art of crochet.
Chair Yoga (GOLD)	1.30pm	Free	Bookwhen.com/ thecommunityplace	Using a chair for balance, boost strength, flexibility, and mental well-being.
TUESDAYS				
Sewing Group	9.30am	Free	TCP 3857 1152	Every 2nd week Beginners are very welcome to come and learn from our lovely volunteers
TAISO (GOLD)	1pm	Free	Walk-in	Taiso is the Japanese word for exercise. Improve your balance and movement, suitable for all levels of fitness.
Tai Chi with Ofer	6.30pm	\$5	Walk-in or call	Mindful exercise to centre the soul Call Ofer on 0424 671 000
WEDNESDAYS				
Conversation English Classes	9.15am	Free	Walk-in	Practice speaking English with friendly mentors. Beginners to advanced welcome
Tech Savvy Seniors		Free	TCP 3857 1152	1st Wednesday of the Month Embrace the digital age with the help of our mentors! Please call for appointment.
Cosy Wednesday Night Craft	6pm	Free	TCP 3857 1152	Last Wednesday of the Month Make little felt hearts – a hug in your hands; bring your crochet or any crafty project!
THURSDAYS				
Conversation English Classes	10am	Free	Walk-in	Practice speaking English with friendly mentors. Beginners to advanced welcome
FRIDAYS				
Tai chi with Ofer	6am	\$5	Walk-in	Mindful exercise to centre the soul Call Ofer on 0424 671 000
Hatha Yoga My Yoga My Way	9am	\$5	Walk-in or www.myyogamyway.com.au/ live-classes	Experience the benefits of mind and body connection
Board games		Free	TCP 3857 1152	Fun fabulous Friday night games hosted by the North Brisbane Board Gamers Guild and TCP
SATURDAYS				
Social Stitchers	2pm	\$5	Walk-in	Enjoy a relaxed, creative afternoon with like-minded individuals! The \$5 participation fee includes afternoon tea.
Extra Activities				
Community Crochet	This group is for experienced crocheters who would like to help make beanies and other items for charities. For more information call TCP on 3857 1152			

Stafford – 33 Teevan Street Stafford

Activity	Start	Cost	To Book	Description
MONDAYS				
Little Stafford Playgroup	9.30am – 11.30am	Free	Walk-in	A great place for parents and carers to connect and 0 – 5 year olds to engage in fun activities
English Conversation Classes	9.30am-11.30am	Free	Walk-in	Practice speaking English with friendly mentors. Beginners to advanced welcome
TAISO (GOLD)	11.45am	Free	Walk-in	Taiso is the Japanese word for exercise. Improve your balance and movement, suitable for all levels of fitness.
TUESDAYS				
Zumba	9.30am	\$10 (1 st class free)	Diana Franchina 0412 268 809	Perfect for older adults and beginners looking for a modified Zumba class at a lower intensity
ASMY Yoga	6.00pm	\$14	Walk-In	Hatha yoga, suitable for all levels. Focus on breathing and awareness
Pilates with Denise	8.00am	\$20 per Class	Denise Da Costa https://denisedc.as.me	Are you ready to embark on a journey to rejuvenate your body and enhance flexibility!
WEDNESDAYS				
Gentle Fitness (GOLD)	11.45am	Free	Bookwhen.com/ thecommunityplace	Gentle class for all fitness levels to improve strength, balance, coordination and flexibility.
Lite Yoga (GOLD)	1.00pm	Free	Bookwhen.com/ thecommunityplace	Focus on a range of movements, strength and balance for active & healthy ageing.
THURSDAYS				
Zumba (GOLD)	9.00am	Free	Bookwhen.com/ thecommunityplace	Perfect for older adults and beginners looking for a modified Zumba class at a lower intensity
FRIDAYS				
Yoga	9.30am – 11am	\$5	TCP 3857 1152	Improve strength, balance and flexibility through mindfulness and focus
Crochet Club	10.30am – 12.30pm	Free	TCP 3857 1152	2nd Friday of the month Great opportunity for beginner crochet artists to learn with experienced mentors
Stafford Book Club	10.00am – 12.00pm	Free	TCP 3857 1152	4th Friday of the month Specific authors and their works selected for discussion
SATURDAYS				
Dance Cardio in the Park (Active Parks)	8am - 9am	Free	TCP 3857 1152	Easy to follow routines focusing on balance, range of motion and coordination. Please meet outside the Centre near the stage.
Extra Activities				
Repair Café Stafford	9.30am – 12.30pm	Free	Walk-In, or bookings available one week before workshop	Bring almost any household item (except small appliances) & our volunteers will do their best to repair it. Workshops held on the 1st Saturday of every second month.