

Activity title and description	Where	Address	Date of Activity	Time of Activity	Participant Instructions
Restaurant Explorers - Social Group join us every month for our social restaurant group. We have a lovely group of community members who come to dinner each month, many come on their own so don't be shy, there are lots of new friends to be made!	Various	Various	Last Friday Night of the month	7pm	Email us to be placed on our mailing list. We will then send you the monthly invitation to dinner.
Women's Northside Movie Group we also have a very friendly movie group who has been meeting for many years at The Community Place.	Various	Various	Tuesday fortnights but subject to change	Various	Please send us an email and we will connect you with the group members who decide each fortnight when they will attend the movies.
Tai Chi We have very low cost Tai Chi Classes that are held at Kalinga each Tuesday Night. Join Ofer your experienced instructor as he leads you through the relaxing art of Tai Chi. \$5 per class	Kalinga	20 Clark Street	Tuesday evenings	6.30pm	Feel free to just drop by and join the class. Ofer will love to meet you.
Sewing Classes come and join us for our Beginner Sewing Classes which will be held on a regular basis here at The community Place.	Kalinga	20 Clark Street	TBA	TBA	Get in touch with us to find out when the next round of Sewing Classes will be held at The Community Place.
Zumba Tuesdays Everyone loves to see Diana on Tuesday mornings for Zumba! She has been a fixture at TCP for many years and is a wonderful teacher.	Stafford	33 Teevan Street	Tuesday mornings	9.30am	\$10 per class Come and party with Diana as she offers a modified Zumba Class with lower intensity - suitable for everyone. Call Diana on 0412 268 809.
Brisbane City Council Immunisation Clinic	Kalinga	20 Clark Street	Alternate Tuesday mornings and Thursday evenings		See Brisbane City Council Website for Details. https://wwwbrisbane.qld.gov.au/community-and-safety/community-safety/immunisation/community-immunisation-clinics
Precision Swing Dance	Kalinga	20 Clark Street	Thursday Evenings	6.30pm	Join Precision Swing on Thursday Nights \$15 per session. https://precisionswing.com.au/index.php/brisbane-dance-classes/
Australian School of Meditation and Yoga	Stafford	33 Teevan Street	Tuesday Evenings	6pm	Contact Chantelle or Amit from ASMY for more details. https://evertonparkyoga.com/
Friday Morning Yoga Classes join Natalie on Friday mornings. Get relaxed and ready for the weekend.	Stafford	33 Teevan Street	Friday Mornings	9.30am	\$5 per class Please contact us and we will put you in touch with Natalie to check class numbers.
Young Engineers	Kalinga	20 Clark Street	Saturday Mornings		Contact Susan from Young Engineers Brisbane North for more information 0451 969 754
Storytime Dance	Kalinga	20 Clark Street	Monday and Saturday Mornings		Join your wonderful teacher Jacqui each week for her very warm and welcoming dance classes. For more information https://storytimedancecentre.com/
Clear Skies Yoga	Kalinga	20 Clark Street	Monday evenings		For more information head to https://www.clearskiesyoga.com.au/
Chair Yoga at Stafford Join Barbara for your Chair Yoga Class at Stafford.	Stafford	33 Teevan Street	Tuesday mornings from the 17th May	11am	\$5 per class Please contact us and we will put you in touch with your instructor Barbara.