

2015

STAFFORD COMMUNITY RESOURCE DIRECTORY



The Community Place

**Information correct
October 2015**

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Directory compiled by Sharon Rose Smith

EMERGENCY SERVICES

Police, Ambulance, Fire – Dial 000

Text Emergency Service – Dial 106

Mobile Phone Emergency Service – Dial 112

Crime Stoppers: Ph. 1800 333 000 www.crimestoppers.com.au

Energex: Notify about loss of power supply and get advice on restoration timeframes Ph. 13 62 62; In emergencies e.g. fallen powerlines or electric shocks Ph. 13 19 62

National Relay Service: For persons with hearing and speech impairments Ph. 13 36 77

Poisons Information Service: Ph. 13 11 26 available all the time, provides advice on the management of exposures to prescription and non-prescription pharmaceuticals, household and industrial chemicals, plants, fungi, venomous animals, pesticides and other agricultural products.

Police: Stafford: Ph. 3364 1800; Carseldine: Ph. 3863 5111; Hendra: Ph. 3632 2333; Boondall: 3364 3372; Albany Creek: Ph. 3264 0599

Policelink: For non-urgent contact Ph. 13 14 44 online forms are also available for you to fill out at <https://www.police.qld.gov.au/online/On-Line-Reporting-and-Updates.htm>

RACQ: Roadside Assistance Ph. 13 11 11

Smartservice Queensland: General information on Queensland Government services Ph. 13 74 68

TIS Translating and Interpreting Service: Ph. 13 14 50

State Emergency Service: Ph. 13 25 00

Translink: Public Transport Information – 24 hours Ph. 13 12 30

Weather Warnings: Thunderstorms and severe weather
Ph. 1300 659 219

ADVICE/HELP LINES: General

Lifeline 24 hour Counselling: Ph. 13 11 14

StandBy Response Service: When someone you love is lost through suicide Ph. 0438 150 180; Web: www.unitedsynergies.com.au

Brisbane Sexual Assault (& Rape) Service Royal Women's Hospital:
Ph: 3646 8111.

Gambling Help Online: Counselling, information and support 24 hours per day, 7 days a week, can be delivered by telephone, face-to-face or online. Ph. 1800 858 858.

Immediate Phone Interpreting Service (National Translating and Interpreting Service (TIS)): 24 hours, every day of the year.
Ph. 13 14 50 Web: www.immi.gov.au/tis

Lifeline Financial First Aid line: Monday to Friday 9:30am to 4:30pm
Ph. 1800 007 007.

Mensline: Run by professional counsellors experienced in men's issues, contact can be via telephone and internet used for support with family and relationship concerns Ph. 1300 78 99 78

National Relay Service: For the hearing or speech impaired.
Ph. 133 677 (Speak and Read, Type and Read, and Type and Listen);
Emergencies (by TTY) Ph. 106

National Security Hotline: 24 hours a day, 7 days per week for reporting possible signs of terrorism, you can remain anonymous.
Ph. 1800 1234 00

Nundah Community Legal Service: 14 Station Rd Nundah 4012
Monday to Friday and Wednesday from 6.15pm Ph. 3260 6820

Quitline: 24 hour smoking cessation information and counselling
Ph. 13 78 48

Residential Tenancies Authority: Ph. 1300 366 311

A state government statutory body that provides tenancy information, bond management, dispute resolution, investigation, policy and education services.

Salvo Care Line Queensland: 24 hours every day crisis counselling Ph: 1300 363 622 response is immediate; or email: carelineqld@ae.salvation.army response may take one working day.

Salvation Army Counselling Service Stafford: Ph. 3352 6577

Salvos Legal: No appointment necessary first Monday every month from 6.30pm. 32-54 Hayward Street, Stafford Ph. 3352 6577

St Vincent de Paul Brisbane Helpline: Ph. 3010 1096; call for assistance with a food parcel or a food voucher, clothing furniture, budget support, possible financial assistance, information and advocacy, assistance commonly sought by low income earners, unemployed, singles, families, migrants & refugees.

Cancer Council Queensland Helpline: Ph. 13 11 20; Web: www.cancerqld.org.au

ADVICE/HELP LINES: Family

Childcare Access Hotline: Ph. 1800 670 305

Child Abuse Prevention Service (CAPS): Ph. 1800 688 009; for information, referral and ongoing support to those affected by child abuse, concerned about the welfare of a child, or needing family or parenting support.

Dads in Distress Helpline: 24 hours Ph. 1300 853 437;
Web: www.dadsindistress.asn.au ; Peer support is offered aiming to provide help and hope to separated dads and their families.

Domestic and Family Violence lines:

Womensline - 24 hours 7 days: Ph. 1800 811 811, call for counselling, intervention, transport and emergency accomodation

Mensline - 9am – 12 midnight 7 days: Ph. 1800 600 636, call for free, confidential telephone counselling, referral and support if you are/have been the victim of violence or if wanting to address issues of violence/destructive patterns in your relationships

Web: www.dvconnect.org

Domestic Violence National Helpline: 24/7 counselling support
Ph. 1800 737 732 (1800RESPECT); Web: www.1800respect.org.au –
24/7 Online counselling is also available.

Family Drug Helpline: 24/7 staffed by trained volunteers 9am-5 pm
Mon-Fri and professional counsellors at all other times Ph. 1300 660 068

Family Drug Support Australia Supportline: 24/7 support for families
affected by alcohol and other drugs Ph. 1300 368 186

Family Relationship Centre: ‘Helping Families Stay Together’
Westfield Chermside Shopping Centre Ph. 3624 0100

Kids Helpline: Ph. 1800 55 1800 for free, private and confidential
telephone and online counselling specifically for young people aged
between 5 and 25. They will care and they will listen. Web:
www.kidshelp.com.au

Parentline: Ph. 1300 30 1300 (cost of a local call), 8am to 10pm, 7 days a week, confidential professional telephone counselling for parents and those who care for children. Web: www.parentline.com.au - some web counselling available.

The Australian Parenting Website: www.raisingchildren.net.au supported by the Australian Government Department of Social Services and offers research based information for parents/carers that may help from pregnancy to newborn to teens.

Poisons Information Service: Ph. 13 11 26

Pregnancy Counselling Link: Ph. 1800 777 690; support for women, partners and families regarding pregnancy and parenting, relationships, navigating life changes, fertility and reproduction and loss and grief

Pregnancy Counselling Australia 24/7 Helpline: Ph. 1300 737 732

Reflux Infants Support Association: Ph. 3229 1090 (message bank – representative will return call)

SIDS and Kids 24/7 Bereavement Support line: Ph. 1300 308 307

COMMUNITY AND GOVERNMENT SERVICES

Aboriginal and Torres Strait Islander Legal Service (ATSILS) 24/7 Legal Assistance Hotline: Ph. 1800 012 255

Centacare: Provides community support services
Ph. 1300 236 822; Web: www.centacarebrisbane.net.au

Department of Human Services (Centrelink) Customer Service Centre Nundah: 1283 Sandgate Road Monday - Friday 8:30am - 4:30pm
Ph. 1800 050 004

Centrelink Indigenous Call Centre: Mon – Fri 8am – 5pm; Freecall
Ph.1800 136 380

Co.As.It. Brisbane: Aged care and Disability services (previously for Italian Community, then extended to include CALD community, now open to everyone. 35 Dover Street, Albion, Ph. 3262 5755

Department of Education and Training: Ph. 13 74 68; Web: www.deta.qld.gov.au

Department of Employment (Previously DEEWR): Responsible for national policies and programmes that help Australians find and keep employment in safe, fair and productive workplaces. Information available which is relevant to: Job Seekers, Employers, Employees, Employment, Workplace Relations, and The Department.
Enquires Ph. 1300 488 064; Web: www.employment.gov.au

Department of Social Services (previously FaHCSIA): Ph. 1300 653 227, Web: www.dss.gov.au

Department of the Prime Minister and Cabinet (indigenous affairs functions – Previously FaCHSIA): Ph. (02) 6271 5111,
Web: www.dpmmc.gov.au

Department of Human Services: Delivery of social and health-related payments and services. Youth and students Ph. 132 490, Carers Ph. 132 717, Job Seekers Ph. 132 850, Families Ph. 136 150, Older Australians Ph. 132 300, Report Income 24/7: Ph. 133 276, Abstudy Ph. 1800 132 317, Disability and Sickness Ph. 132 717, Indigenous Australians Ph. 1800 136 880, myGov help desk (select option 1) Ph. 132 307; Child Support applications and general enquiries Ph. 131 272; Medicare general enquiries Ph. 132 011, Australian Organ Donor Register Ph.1800 777 203, Contingence Aids Payment Scheme Ph. 1800 239 309; Web: www.humanservices.gov.au

139 Club: Drop-in centre with free lunch on Thursdays, Low-cost Breakfast and Lunch throughout the rest of the week; free showers, games, TV, library, lockers, day beds, laundry facilities, visiting professional services includes counselling (Fridays), emergency relief when able. Centre open 8:30am – 4:00pm Monday - Friday. 505 Brunswick St, Fortitude Valley Ph. 3254 1144

Harvest Food Assist: A community service providing food parcels; \$7 membership every 3 months; Tuesday to Friday 9:00am – 4:00pm, Saturday 9:00am -11:00am; 53 Telegraph Road Bald Hills Ph. 3261 4555; Web: www.harvestfood.org

Hills Wesleyan Family Support Service: Provides counseling for couples, individuals and children, self referral. 79 Queens Rd, Everton Hills 4053 Ph. 3353 1427

Jobactive: New employment Service replacing Job Services Australia.

Job Seeker Hotline: Ph. 13 62 68 Web: www.employment.gov.au

Multicultural Community Centre: Provides accredited training in Child Care and Aged Care prices differ according to eligibility. 23 Foster Street, Newmarket, Ph. 3257 1868; Web: www.mccbrisbane.org

Multicultural Development Association: Settlement organisation for refugees and migrants 5/2 Jenner Street, Nundah, Ph. 3198 2500 Web: www.mdaltd.org.au

Nexus Care: Assistance to individuals and families; Fresh Start Food Program - \$7 membership for monthly food parcel (\$90 value) for three consecutive months; C.O.A.C.H. program; mentoring program for disadvantage families, Emergency relief
151 Flockton St, Everton Park 4053
Ph. 3353 7230; Web: www.nexuscare.com.au

NILS = No Interest Loan Scheme: Interest-free loans for individuals or families on low incomes for essential household items Ph. 13 64 57

North West Aboriginal and Torres Strait Islander Community Association (NWAICA): Indigenous community based organisation delivering ongoing services and opportunities to the Northwest Brisbane Indigenous community. 16 Nepean Avenue, Arana Hills, Mon–Fri 8.30am–4.30pm; Ph. 3855 5399 Web: www.nwaica.org.au

Picabeen Community Association Inc: Offers services for the community including youth support, counselling, men’s wellbeing, young parents’ playgroup, general playgroup, conversational English and computer classes. 22 Hoben St, Mitchelton, 4053, Ph. 3354 2555, Web: www.picabeen.org.au

Reach Out Community and Family Care: Free fruit and vegetables! Food parcels also available at a minimum cost.
36 Baden Powell St Everton Park 4053 Ph. 3355 7444

Queensland Program of Assistance to Survivors of Torture and Trauma Inc: QPASST provides a range of free services to people from refugee backgrounds, including asylum seekers who have survived torture or war related trauma. 28 Dibley Street, Woolloongabba QLD 4104 Ph. 3391 6677 Web: www.qpastt.org.au

Salvation Army Youth Outreach Service: Alternative curriculum education program to complete years 11 and 12. 32-54 Hayward St, Stafford 4053 Stafford: Ph. 3173 6371
Web: www.salvos.org.au/youthoutreachservice

St John Transport Access Project: Co-coordinates transport for the frail, disabled and their carers. Enquires Ph. 1300 360 455

The Community Place: Family support, courses, workshops, childcare and community development, Stafford and Woolloowin
Ph. 3857 1152; Web: www.thecommunityplace.com.au

EMERGENCY HOUSING & ACCOMMODATION

Department of Housing and Public Works: Social Housing - Public & Community Rental Housing – eligibility criteria and applications for social housing, RentConnect, bond loans, rental grants and National Rental Affordability Scheme, as well as access to current list of emergency accommodation, hostels and boarding houses. No short term or emergency accommodation provided by the department.

Chermside Housing Service Centre, Level 3, 18 Banfield Street,
Chermside QLD 4032 Mon–Fri 8.30am–4.30pm Ph. 3896 9900 Web:
www.hpw.qld.gov.au

Brisbane Homelessness Service Collaborative: Contact if you are experiencing, or at risk of experiencing, homelessness, they have an extensive knowledge of organisations and services in Brisbane that may be able to help you. They also have a collaborative partnership with key service providers Ph. 3036 4444 8am to 5pm 7 days per week or email info@micahprojects.org.au to make an appointment. Web: www.bhsc.net.au

Brisbane Youth Service

Centre for Young Women: Immediate and longer term support services for homeless and disadvantaged single, pregnant or parenting young women between the ages of 12 and 25; offers assistance through housing, support and case management.

Ph. 3620 2452

Valley Service Hub: Supported accommodation units for young people 16 to 25 assists with independent living skills, budgeting, and tenancy maintenance. Ph 3620 2400

Cost 25 per cent of income for housing. Web: www.brisyouth.org

Homeless Persons Information Queensland (HPIQ): Phone information and referral service for people who are aged over 16 and experiencing homelessness or at risk of homelessness. Information provided about where you can find support, accommodation, meals and/or showers. They will ask for your name, date of birth, gender and location. Service operates 24/7 Ph: 1800 474 753.

Bahloo Women's Youth Shelter: Provides immediate supported crisis accommodation to young (primarily indigenous) women between the ages of 16 and 25; full case management available when necessary; 3 meals per day at a minimum weekly cost. Ph. 3391 2815

BRIC Housing: Community housing provider. Office hours Monday to Friday 9am-12pm and 2pm to 4pm, but closed on Wednesday from 12pm. 593 Boundary Street, Spring Hill, Ph. 3230 5555

Applicants must first register with a Department of Housing and Public Works at either:

Chermside Housing Service Centre Level 3, 18 Banfield Street, Chermside, Ph. 3869 9900, or

Fortitude Valley Housing Service Centre 505 St Pauls Terrace, Fortitude Valley, Ph. 3872 0320.

Families Supported Accommodation Brisbane North – Salvation Army: Transitional Housing in community usually 3-6 months sometimes up to 12 months for mothers with children, fathers with children, or couples with children Ph. 3350 3455

Hart 4000: Assessment and referral team for those who are 16+ and homeless or at risk of homelessness, can assist you to access crisis accommodation. Accepts self-referral as well as agency referral. Level 1, 5 Green Square Close (corner of Alfred and Constance Streets) Fortitude Valley, Ph. 3004 0100 Mon – Fri 9am – 5pm.

INCH (Inner Northern Community Housing Association): Community and social housing accommodation services for those registered first with the Department of Housing and Public Works. Services are specific to people with high to very high need. Specific focuses are disabilities, mental health, indigenous people, domestic violence, homeless, youth, aged, culturally and linguistically diverse (CALD) people and low income single people. No Interest Loans Scheme (NILS) outlet.

Mon, Tues, Thurs, Fri 9.30am–4.00pm

1/525 Samford Rd, Mitchelton 4053

Ph. 1300 780 296; Web: www.inchhousing.org.au

Murray Lodge Supported Accommodation: Hostel type accommodation for people: with intellectual impairment and/or physical disability; a mental health history; recovering from alcohol or substance abuse; and older persons no longer able to live independently. 24-hour staff available for emergencies. No limit on length of stay. Respite beds and activity/therapy groups also provided. Full board and lodging provided. Cost dependent on level of care required. 7 Murray Street, Wilston 4051 Ph. 3356 2461

North West Youth Accommodation Service: Assists young people aged 16 years to 25 years who are homeless or at risk of homelessness. Assists single people as well as families, both pregnant and parenting. Nwyas provides externally supported accommodation for between 6 and 12 months to assist young people to live independently within the wider community. 12 Blackwood St, Mitchelton 4053 Ph. 3855 5233; Web: www.nwyas.org.au

Ozcare: St Vincent's Homeless Men's Hostel, also has detox unit on premises, \$18/night. Ph. 3028 4350

Pindari Women's Accommodation Service (Salvation Army): Emergency accommodation – 18 beds, ring to assess eligibility and get on the priority list 28 Quarry St, Spring Hill. Ph. 3832 6073

Pindari Men's Hostel (Salvation Army): Emergency accommodation – 80 beds, ring to assess eligibility and get on the priority list 28 Quarry St, Spring Hill Ph. 3832 1491

Roma House: Referral based service (usually through Micah, Hart 4000 and HPIQ), 18+ only, no admissions on weekends, staffed 24/7. Accommodation and support services for up to 31 long-term homeless people. Assists people deal with past traumas and promotes and supports positive change. Provides meals, opportunities for social inclusion, health and community links, whilst working towards recovery and community. Ph. 3434 7100

Youth Emergency Services: Provides accommodation and support services to young people who are homeless or at risk of homelessness

Windsor House: Immediate response, supported accommodation within share house aged 15 to 18 years– maximum 3 month stay, same day referral by phone. No families, accompanying children or pets, unable to admit young people with high needs e.g. high drug/alcohol dependency, highly complex behavioural, mental health or disability need. Information and referral support to young people and general public about youth accommodation and associated homelessness issues. Ph. 3357 6504

Web: www.youthemergencyservices.org.au

Zillmere Community Centre: Zillmere Family Accommodation Program provides short to medium term supported accommodation for families who are homeless or at risk of homelessness. A support worker will keep in contact with you throughout your tenancy and provide information, referral, and assistance with budgeting and life skills Ph. 3865 2880

CHILDREN'S SERVICES

ACT For Kids: Working to treat and prevent child abuse; free services to children and families caught in a cycle of abuse and neglect.

80 Kedron Park Rd, Woolloowin 4010

Ph. 3357 9444; Web: www.actforkids.com.au

Autism Queensland:

Ph. 3273 0000, Web: www.autismqld.com.au

Child Safety After Hours Service Centre: 24 hours 7 days per week

Ph. 3235 9999 or 1800 177 135 (after hours and emergencies) Web:

www.communities.qld.gov.au/childsafety/protecting-children/contacts

Child Safety Regional Intake Service: Call if you have a reason to suspect a child is experiencing harm, your details and identity if provided will be kept confidential. Monday to Friday 9am to 5pm Ph. 1300 682 254

Find a Child Care Service: www.mychild.gov.au

The mychild.gov.au website is Australia's online child care portal. On this website you can find information on different types of child care and how to get assistance with the cost of child care. You can also search a database to find child care centres in your local area.

Hills District PCYC: A variety of fitness activities and specially designed youth programs are offered with a focus on positively engaging young people. They also provide vacation care, and before and after school care. 135a Olearia St, West Everton Hills 4053 Ph. 3855 1980

Web: www.pcy.org.au/hillsdistrict

Playgroup Queensland: Visit www.playgroupaustralia.com.au for a comprehensive list of the playgroups in the Stafford region and for information on playgroups in Queensland. Ph. 1800 171 882

The Community Place: hosts a range of playgroups during the week for all families. 33 Teevan Street, Stafford 4053 Ph. 3857 1152

SENIORS

Community Indigenous and Sub-acute Service: Provides services including Alcohol & Drug Service; Aged Care, Community-Based Rehabilitation Service (includes Physiotherapy and Social Work); Complex Chronic Disease Team (Cardiac); Diabetes Education (Dietician, Educator & Podiatrist); Post Acute Care Service and Mental Health.

Department of Human Services Aged Care Income Assessments:
Ph. 1800 227 475

My Aged Care: The My Aged Care website has been established by the Australian Government to assist people to navigate the aged care system, and access services either for themselves, or via a friend family member or carer. Ph. 1800 200 422, Monday to Friday 8am to 8pm, Saturdays 10am to 2pm. Web: www.myagedcare.gov.au

Blue Care: support in the home, local community centres, and in residential aged care facilities and retirement villages. General enquiries Ph. 1300 258 322 or 3377 3377 Monday to Friday 8am to 4:30pm, Web: www.bluecare.org.au

Burnie Brae Centre: Can provide many services to people over 50 and those with disabilities, including: transport to a medical appointment, shopping assistance or social outings; home cleaning, personal care, information, personal counseling, referral, advocacy, supported social groups including functions and trips, fitness activities, sports and games and dance; and Café Connect. 60 Kuran St, Chermside 4032
Ph. 3624 2100, Web: www.burniebrae.org.au

Co.As.It. Brisbane: Aged care and Disability services (previously for Italian Community, then extended to include CALD community, now open to everyone. 35 Dover Street, Albion, Ph. 3262 5755

Daytripper: Monthly subsidised bus tours for seniors organised by ACRO Ph 3262 6001

Elder Abuse Prevention Unit:
Ph. 1300 651 192 or 3867 2525, Web: www.eapu.com.au

Alzheimer's Australia National Dementia Helpline:

Ph. 1800 100 500

Queensland Government Seniors Card:

Ph. 13 74 68; Web: www.qld.gov.au

Home Assist Secure (Stafford): Subsidised assistance towards the labour costs of minor home maintenance and minor modifications (grab rails and ramps) for seniors and people of any age with a disability.

Ph. 3862 2500 (ACRO)

Meals on Wheels: Meals on Wheels helps make it possible for the elderly and people who have a disability to stay in their homes, where most are happiest, and maintain some independence. Delivery of nutritious meals, social interaction and regular visits

Stafford Ph. 3356 2382; Mitchelton Ph. 3354 3919

Mens Shed: A positive and encouraging place for men to be socially active and form friendships whilst learning new skills or honing existing ones. Activities can include personal as well as community projects, fundraising, and social opportunities, like BBQs. An atmosphere of old-fashioned mateship - encouraging one another and working together.

Stafford: Ph. 3359 8941, Web: www.staffordmensshed.org.au

National Seniors Australia – Ph. 1300 76 50 50

With a raft of commercial benefits (that is: Bargains!), and providing unrivalled access to policy-makers, world-class research and top-notch publications, National Seniors has everything that people aged over 50 need to navigate the second half of their lives. Local branches include:

Mitchelton-Everton Park:

Gaythorne RSL Club, 534 Samford Road, Mitchelton 4053 Ph. 3356 5194

Grange: Stafford Bowls Club Stafford Road, Stafford, Ph. 3357 7043

Chermside: Chermside Bowls Club, 468 Rode Road, Chermside,

Ph. 3265 4666

Project Pantry: A market day for people receiving an aged or disability support pension that provides staple food and personal care products. Held at Burnie Brae on the first Saturday of every month (usually). Seniors welcome 8:30am – 9:30am, people on Disability Support Pension welcome 9:30am -10:00am – \$5 entry applies. A hamper can be home delivered for \$5 with the option of a meat pack (frozen from fresh) for an extra \$2.00. For more information Ph. 3624 2121

RSL Care: Here to actively promote the wellbeing and independence of older Australians they offer a wide range of services across Home Care, Retirement Living, Transitional and Residential Care.

Ph. 1300 775 227 for Home Care; Web: www.rslcare.com.au

Senior Citizens – Mitchelton: Offers various activities including concerts, cards, social and competition bowls, dances, handicrafts and bus tours. 30 Tel-El-Kebir St, Mitchelton 4053

Ph. 3355 0358

Seniors Enquiry Line

‘Linking Seniors with Community Information’:

State-wide information and referral service accessible to all family members, friends and carers as well seniors. You can access information on topics of interest to seniors including: concessions, social activities, household assistance, retirement accommodation, financial and legal matters, health, education, transport and many other issues.

Ph. 1300 135 500 9am to 5pm Monday to Friday

The Community Place: GOLD (Brisbane City Council Growing Old, Living Dangerously) activities for seniors that focus on being active and healthy Ph. 3857 1152

VVCS - Veterans and Veterans Families Counselling Service:

Ph. 1800 011 046

HEALTH AND MEDICAL SERVICES

Alcohol and Drug Information Service: 24-hour confidential information, advice and referral Ph. 1800 177 833

Australian Breastfeeding Association - Breastfeeding Helpline: Ph. 1800 686 268, Web: www.breastfeeding.asn.au

Child and Youth Mental Health Service (CYMHS): Specialist mental health services for children and young people up to 18 years of age. Referral required from a health, community or government service provider. 10 Nellie Street, Nundah, Ph. 3146 2693

**Child & Youth Mental Health Service (CYMHS)
Zero to Four Family Support Service**

Children's Health Queensland Hospital and Health Service

Provides a volunteer home visiting program offering parenting support to assist at-risk families to parent their children more safely. Ph. 3266 3100

Family Planning Queensland: Specialist Reproductive Health Service. Clinic open Monday to Friday 9.00am to 5.00pm at 230 Lutwyche Road, Windsor, Ph. 3250 0200, Web: www.fpq.com.au

Health & Community Services Information Line: 24 hour, 7 days a week service that will find the right person or service to assist you with your particular health enquiry. Ph. 3837 5986

13Health: 24 hour confidential phone service providing non-urgent health information Ph. 13 43 25 84

National Prescribing Service Medicines Line: Ph. 1300 888 763

Mater Mothers' Hospital: Fertility Services Ph. 3136 8437

Prince Charles Hospital: 627 Rode Road, Chermside, Ph. 3139 4000

Queensland Health Stafford Dental Clinic: For concession card holders Ph. 1300 300 850

Queensland Transcultural Mental Health Centre: Provides culturally sensitive information, referral and clinical consultation free of charge.
Ph. 3167 8333

Royal Children's Hospital: Herston Road, Herston, Ph. 3636 3777

SANE Helpline: Provides information about symptoms and treatments related to mental illness, where to access support, help for carers and how to look after yourself. Monday to Friday 9.00am to 5.00pm
Ph. 1800 187 263 or call 24 hours a day, 7 days per week, to request a free InfoPack.

DISABILITY SERVICES

Community Living Association Inc.: Programs to assist people with a learning difficulty and young people at risk to get the most from their lives. Open Monday to Friday 9:00am - 5pm.

5 Nundah St, Nundah QLD 4012 Ph. 3266 5633

Web: www.communityliving.org.au

Deaf Services Queensland: Provides a range of services to benefit people with hearing difficulties. 915 Ipswich Rd, Moorooka QLD 4105

Ph. 3892 8500; TTY: 3892 8501

Web: www.deafofficesqld.org.au

Down Syndrome Association of Queensland Inc: Access information, empowerment and support for parents, community and people with Down Syndrome. 282 Stafford Rd, Stafford QLD 4053 Ph. 3356 6655

Web: www.dsaq.org.au

Endeavour Foundation: Opportunities for Queenslanders with intellectual disability through employment, support, accommodation and other services. Ph. 3896 6000, Web: www.endeavour.com.au

HAND: Supporting people with mild to moderate intellectual disabilities by enhancing leisure and lifestyle opportunities including day respite care.

19 Lovedale St, Wilston QLD 4051 Ph. 3856 0281

Web: www.hand.org.au

Guide Dogs Queensland: Helping to “equip, empower and educate” blind and vision impaired Queenslanders of all ages with a wide range of top-quality orientation and mobility services. Self-referral accepted. Call Ph. 1800 810 122, Web: www.guidedogsqld.com.au

JobAccess: General advice line for people with a disability and their employers focusing on finding employment and maintaining it.

Ph. 1800 464 800, Web: www.jobaccess.gov.au

Noah's Ark Educational Resource Library: Provides support for educators and families of children through the provision of high-quality professional and developmental resources and advice; inclusive to children with disabilities, additional needs, from culturally and linguistically diverse and indigenous backgrounds. Located at 20 Norman St, East Brisbane, open during Queensland school terms, on Tuesday to Thursday 9.00am to 12.30pm, and some Saturdays. Ph. 1300 497 437, Web: www.noahsark.net.au

MAMRE Association Inc.: MAMRE provides support to families who have a son/daughter with a disability – in-home and out-of-home support. 40 Finsbury Street, Newmarket Q 4051 Ph. 3622 1222
Web: www.mamre.org.au

Parent to Parent Association QLD Inc.: a support network for parents and family members with a special needs child or relative. Parents are linked with other parents, organisations and services for information and support. Also funded to provide NDIS participant initiative.
Ph. 1800 777 723 Web: www.parent2parentqld.org.au

SCHOOLS

Queen of Apostles Catholic Primary School: 10 Thuruna St, Stafford,
Ph. 3352 9200

Stafford Heights State School: 95 Redwood St, Stafford Heights,
Ph. 3621 2333

Stafford State School: Corner Webster and Stafford Roads, Stafford
Ph. 3552 6333

SPORTING CLUBS

Everton Park Bowls and Community Club: Ph. 3355 5588

Grange Thistle Soccer Club: Ph. 3356 8553

Mitchelton Football Club: For contact details see Web:
www.mitchiefc.org.au/general-information/general-club-information/club-contact-people.html

Mitchelton Youth Club: Ph. 3355 7900

Newmarket Pool: 71 Alderson St, Newmarket Ph. 3356 8434

Stafford Bowls Club: Ph. 3356 5449

Wilston Grange AFL Club: Junior & Youth; Mens - Senior, Reserve & Colt; Supers & Masters; Women's AFL Teams and a "9 a side" recreational competition are offered.

For contact details see Web: <http://www.gorillas.com.au/contact>

BRISBANE CITY COUNCIL SERVICES

Brisbane City Council Call Centre: 24 hours per day 7 days per week
Call about urgent issues, for example, traffic light problems, lost animals, dangerous dogs, lost property and public safety concerns. Ph. 3403 8888

Libraries:

Everton Park: 561 South Pine Rd
Ph. 3403 7400

Open Tuesday to Saturday

Grange: 79 Evelyn St,
Ph. 3407 2523

Open Tuesday to Saturday

Mitchelton: 37 Heliopolis Parade
Ph. 3403 7410

Open Tuesday to Saturday

Chermside: 375 Hamilton Rd,
Ph. 3403 7200

Open everyday

Queensland Cultural Centre (South Bank):

Queensland Art Gallery & Gallery of Modern Art (GOMA):

Ph. 3840 7303

Queensland Museum: Ph. 3840 7555

Queensland Performing Arts Centre (QPAC): Ph. 3840 7444

State Library of Queensland: Ph. 3840 7666

Queensland Theatre Company: Ph. 3010 7600

STATE GOVERNMENT AND BRISBANE COUNCIL OFFICES

Marchant Ward Office

BCC North Regional Business

Centre,

960 Gympie Road

Chermside Q 4032

Ph. 3407 0707

McDowall Ward Office

Shops 5 and 6

Rode Shopping Centre

271 Appleby Road

Stafford Heights Q 4053

Ph. 3403 7690

State Member for Stafford

Unit 207, 2 Babarra Street

Stafford QLD 4053

Ph. 3354 8100

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